

The Friendly Oven Food Allergy Guide - Updated February 16, 2025

Food Allergy Disclaimer:

This guide and the menus contained herein are believed to be accurate as of the date of publishing, but ingredients and preparation methods are subject to change. Please inform us of any allergies before ordering and always be sure to check product labels for the most current ingredient list and allergen warnings. While we make every effort to source allergen-free ingredients and minimize risks of cross-contact during preparation, we cannot guarantee that cross-contact with allergens will not occur during preparation or serving. By ordering, you acknowledge that you understand the potential risks involved.

Legend:

- Friendly to the listed allergy, sensitivity or dietary restriction
- May or may not be friendly to the listed allergy, sensitivity or dietary restriction. See message
- Not friendly to the listed allergy, sensitivity or dietary restriction
- R May contain refined flours or sugars

The Friendly Oven Allergen & Food-Sensitivity Map - Updated February 15, 2025

| <u>Allergen/Restriction</u> | Wheat/Gluten | Milk/Dairy | Eggs | Soy | Peanuts | Tree Nuts | Vegan | Diabetic-friendly | Other |
|--|--------------|------------|--------------|----------|----------|-----------|--|-------------------|------------------|
| Bread, Sourdough | Not friendly | Friendly | Friendly | Friendly | Friendly | Friendly | May contain refined flours or sugars (R) | Not friendly | Friendly |
| Bread, Sweet (Pan Sobao) | Not friendly | Friendly | Not friendly | Friendly | Friendly | Friendly | Not friendly | Not friendly | Friendly |
| Brookie, Regular | Not friendly | Friendly | Not friendly | Friendly | Friendly | Friendly | Not friendly | Not friendly | Friendly |
| Brookie, Allergy-Friendly | Friendly | Friendly | Friendly | Friendly | Friendly | Friendly | Friendly | Not friendly | Friendly |
| Brownie, Regular | Not friendly | Friendly | Not friendly | Friendly | Friendly | Friendly | May contain refined flours or sugars (R) | Not friendly | Friendly |
| Brownie, Allergy-Friendly | Friendly | Friendly | Friendly | Friendly | Friendly | Friendly | Friendly | Not friendly | Friendly |
| Cookie, Chocolate Chip, Regular | Not friendly | Friendly | Not friendly | Friendly | Friendly | Friendly | Not friendly | Not friendly | Friendly |
| Cookie, Chocolate Chip, Allergy-Friendly | Friendly | Friendly | Friendly | Friendly | Friendly | Friendly | Friendly | Not friendly | Friendly |
| Cupcake, Cookie-Lover's | Not friendly | Friendly | Not friendly | Friendly | Friendly | Friendly | Not friendly | Not friendly | Friendly |
| Frosting, Regular | Friendly | Friendly | Not friendly | Friendly | Friendly | Friendly | May contain refined flours or sugars (R) | Not friendly | Friendly |
| Frosting, Allergy-Friendly | Friendly | Friendly | Friendly | Friendly | Friendly | Friendly | Friendly | Not friendly | Contains Coconut |
| Soft Pretzel | Not friendly | Friendly | Not friendly | Friendly | Friendly | Friendly | May contain refined flours or sugars (R) | Not friendly | Friendly |

The Friendly Oven - Gluten Allergy-friendly Menu - Updated February 15, 2025

Brookie, Allergy-Friendly

Brownie, Allergy-Friendly

Cookie, Chocolate Chip, Allergy-Friendly

Frosting, Allergy-Friendly

The Friendly Oven - Dairy Allergy-friendly Menu - Updated February 15, 2025

Bread, Sourdough

Bread, Sweet (Pan Sobao)

Brookie, Regular

Brookie, Allergy-Friendly

Brownie, Regular

Brownie, Allergy-Friendly

Cookie, Chocolate Chip, Regular

Cookie, Chocolate Chip, Allergy-Friendly

Cupcake, Cookie-Lover's

Frosting, Regular

Frosting, Allergy-Friendly

Soft Pretzel

The Friendly Oven - Egg Allergy-friendly Menu - Updated February 15, 2025

Bread, Sourdough

Bread, Sweet (Pan Sobao)

Brookie, Allergy-Friendly

Brownie, Regular

Brownie, Allergy-Friendly

Cookie, Chocolate Chip, Allergy-Friendly

Cupcake, Cookie-Lover's

Frosting

Frosting, Allergy-Friendly

Soft Pretzel

The Friendly Oven - Soy Allergy-friendly Menu - Updated February 15, 2025

Bread, Sourdough

Brookie, Allergy-Friendly

Brownie, Allergy-Friendly

Cookie, Chocolate Chip, Allergy-Friendly

Frosting, Allergy-Friendly

The Friendly Oven - Peanut Allergy-friendly Menu - Updated February 15, 2025

Bread, Sourdough

Bread, Sweet (Pan Sobao)

Brookie, Regular

Brookie, Allergy-Friendly

Brownie, Regular

Brownie, Allergy-Friendly

Cookie, Chocolate Chip

Cookie, Chocolate Chip, Allergy-Friendly

Cupcake, Cookie-Lover's

Frosting, Regular

Frosting, Allergy-Friendly

Soft Pretzel

The Friendly Oven - Tree Nut Allergy-friendly Menu - Updated February 15, 2025

Bread, Sourdough

Bread, Sweet (Pan Sobao)

Brookie, Regular

Brookie, Allergy-Friendly

Brownie, Regular

Brownie, Allergy-Friendly

Cookie, Chocolate Chip

Cookie, Chocolate Chip, Allergy-Friendly

Cupcake, Cookie-Lover's

Frosting, Regular

Frosting, Allergy-Friendly

Soft Pretzel

The Friendly Oven - Vegan-friendly Menu - Updated February 15, 2025

Bread, Sourdough

Brookie, Allergy-Friendly

Brownie, Regular

Brownie, Allergy-Friendly

Cookie, Chocolate Chip, Allergy-Friendly

Frosting, Regular

Frosting, Allergy-Friendly

Soft Pretzel

Products highlighted in yellow contain no animal products such as milk, eggs or honey, but are made with flours or sugars that may use animal products in their refinement processes, making them objectionable to some vegans.